Breakfast*

Thick Cut Oats 4.00
Christine & Rob's oats with milk, brown sugar & raisins

Snack Sandwich 2.25
English muffin, egg, & Tillamook cheddar cheese
Add Ham, Bacon, or Sausage 4.25

Snack Burrito 4.25
Two eggs, & two choices from the scramble menu, all wrapped in a warmed flour tortilla

Grande Burrito 6.00
Two eggs, hashbrowns, fresh salsa, & cheese with choice of ham, bacon or sausage

Light Breakfast 3.50
1 egg, 1 bacon, ½ hashbrown, 1 toast

All American 4.50
Two eggs, hashbrowns, & Toast
Add Bacon or Sausage 6.50

Upgrade your Hashbrowns
Make them Sassy or Spicy +1.00

Scrambles* - Served with Fruit or Toast OR Toast & Hashbrowns

Bacon, Tomato, Avocado & Cheese 6.75 8.00 GF

Build Your Own 4.50 5.75
Two choices included (each additional 1.00)

Ham	Chicken	Broccoli	Bell Peppers
Bacon	Turkey	Mushrooms	Tomatoes
Sausage	Cheese	Onions	Spinach

*Consuming raw or undercooked meats & eggs may increase your risk of foodborne illness, especially if you have a medical condition

Hot Drinks

	12oz	16oz	20oz
Latte	3.00	3.50	4.00
Caramella	3.50	4.00	4.50
Chai	3.00	3.50	4.00
Americano	2.00	2.50	3.00
Mocha	3.50	4.00	4.00
White Chocolate	3.50	4.00	4.50
Hot Chocolate	3.00	3.50	4.00
Espresso	1.50	2.00	2.50
Drip Coffee	2.00	2.25	2.50

Other Beverages

Fountain Soda	2.00/2.25
Iced Tea	2.00/2.25

Full Service Catering

Contact one of our catering specialist today to plan your next meeting or event.

We cater to your every need

503-585-4266 or 503-378-9180x4
cafecapitol@sassyonion.com
catering@sassyonion.com

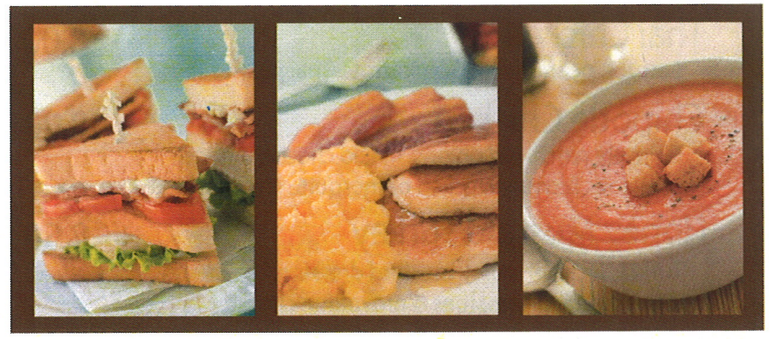
TO GO MENU

Cafe at the Capitol
900 Court Street
Salem OR 97301

Session Hours: Mon-Fri 7:00-5:00
Interim Hours: Mon-Fri 7:30-2:30
503-585-4266
503-585-4312 (fax)
cafecapitol@sassyonion.com

GF

Items marked with our GF onion are made gluten free ingredients



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¼lb Angus Burgers* Served with Fries or 1 Fruit Skewer

Substitute Mesquite Chicken or Meatless Quinoa Patty for free

Original Burger 5.75
Fresh baked bun, with lettuce, tomato, pickle & mayo
Add Cheese 6.25

Bacon Cheeseburger 7.75
Two slices of bacon, Tillamook cheddar cheese, with lettuce, tomato, pickle & mayo

Sassy Burger 7.25
Lettuce, tomato, pickle, mayo, topped with grilled onions, onion straws, pepperjack cheese & sassy sauce

Mushroom Swiss Burger NEW 7.75
Grilled mushrooms & onions, swiss cheese, lettuce, tomato, pickle, & mayo

California Burger 8.50
Two slices of bacon, Tillamook cheddar cheese, sliced fresh avocado, lettuce, tomato, pickle & mayo

Substitute Soup, Salad or Sweet Fries for Fries +1.00

Wraps - Served with 2 fresh fruit skewers

Cubano 8.00
Black beans, white rice, pulled pork, salsa, & mojo sauce

Thai Chicken 8.00
Lettuce, peanuts, chicken, carrots, Thai peanut sauce

Chipotle Chicken 8.00
Chipotle ranch, red onions, mixed cheese, lettuce, tomatoes & crispy chicken or mesquite chicken

Honey Mustard Turkey 8.50
Turkey, lettuce, honey mustard dressing, cranberries, dijon mustard, tomatoes & provolone cheese

Creamy Veggie 8.50
Cream cheese, lettuce, tomato, cucumber, carrot, mushrooms, and red onion, and ranch dressing

Sandwiches - served with fries or 1 Fruit Skewer

Monster Grilled Turkey & Cheese 8.00
Fresh bread grilled with three cheeses and turkey
Just cheese 6.00

Sourdough Club 8.50
Toasted sourdough with turkey, bacon, Tillamook cheddar, lettuce, tomato, pickle & mayo

B.L.T.A. 8.50
Grilled Italian bread with crispy bacon, lettuce, tomato, sliced avocado & mayo

Deli Sandwiches half 5.00 / full 7.75
Choice of turkey, ham, or chicken salad. Served with lettuce, tomato, pickle & mayo

Chipotle Veggie De-Lite 7.00
Fresh baked bread stuffed with steamed mushrooms, onions, green bell peppers, roasted red peppers, pepperjack cheese and chipotle ranch, grilled without butter or oil

BBQ Pork Sandwich NEW 8.00
Slow smoked pulled pork with tangy BBQ sauce, & crispy onion rings between two slices of garlic bread

Rice Bowls - Served with Steamed Veggies OR Grilled Chicken

	Steamed Veggies	Grilled Chicken
Teriyaki	5.50	7.50
Thai Peanut	5.50	7.50

Finger Favorites

Crispy Chicken Breast Strips (2) 6.50 / (3) 8.00
Served with fries and choice of dipping sauce

Basket of Sassy or Tots 2.75

Sweet Potato Fries 3.75
Served with sassy sauce

Salads - Half salads for 1.50 less

Garden 4.50
Mixed greens, tomatoes, cucumbers, red onions & roasted pumpkin kernels

Chef* GF .00
Mixed greens topped with turkey, ham, tomatoes, red onions, hard boiled egg & sliced cucumber, & cheese

Crispy Chicken Salad 8.00
Crispy chicken on a bed of spinach tossed with roasted red peppers, crisp bacon, tangy honey mustard & topped with Parmesan cheese

Southwest Salad 6.00
Mixed greens, chipotle ranch dressing, black beans, fresh salsa, crisp tortilla strips & three cheeses.
Topped with tangy bbq sauce
Add mesquite smoked chicken 8.00

Asian Chicken Salad 8.00
Mixed Greens tossed with cilantro lime dressing peanuts, crisp noodles, carrots and green onions topped with grilled chicken breast & peanut sauce

Quinoa Salad NEW 7.50
GF Quinoa is an ancient grain from Latin America. We toss it with lemon juice and olive oil, tomatoes, cucumbers black beans, red onion, bell peppers, avocado, and cilantro.

Paninis - served on focaccia bread with Fries or 1 fruit skewer

Pesto Veggie 7.00
Mushrooms, provolone cheese, red onions, roasted red peppers & pesto

Sante Fe Chicken 7.50
Mesquite chicken, roasted red peppers, red onions, chipotle ranch & pepperjack cheese

Club Melt Panini 7.50
Ham, bacon, turkey, tomato & provolone cheese

Big Havana NEW 7.50
Pulled pork, sliced ham, pickles, mustard & provolone

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