Women's Health Issues

Disease	Total deaths	% of all deaths among
	among women	women
Cancer	3,584	23%
Heart Disease	3,261	21%
Stroke	1,394	9%
Chronic lung disease	983	6%

Which diseases affect Oregon women?

- Lung cancer is the most deadly malignancy among women, but 80 percent could be prevented by eliminating smoking. Currently, one in six Oregon women smoke.
- Breast cancer is the second most common cause of cancer death in women. When caught early, for example, through a mammogram, the disease is often curable. Still, 1 in 4 Oregon women age 40 years of age and older do not get recommended mammograms.
- While cervical cancer has declined in Oregon since the advent of the Pap test, it remains the fourth most common cancer among Latina women. Almost all cervical cancer is preventable through regular screening with the Pap test.
- The Oregon Breast and Cervical Cancer Program provide screening services for these conditions to 6,000 women a year. However, there are 38,000 additional low-income, uninsured women who could benefit from this program.

- Though cancer causes many deaths, heart disease kills six times as many Oregon women as breast cancer.
- Oregon ranks fifth nationally in the average number of poor mental health days reported by women. 27.8 percent of women report being diagnosed with a depressive disorder. Ensuring access to mental health services can improve women's health across their lifespan.
- 3.2 percent of women reported physical and/or sexual assault by an intimate partner in the last year. Proven strategies to prevent sexual violence are being implemented in 10-15 communities in Oregon.

For more information contact: Dept. of Human Services, Office of Family Health (971) 673-0232