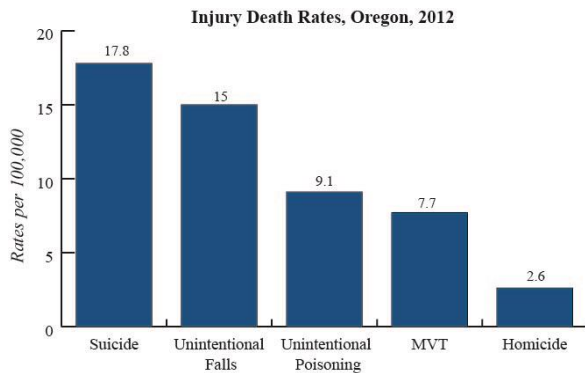
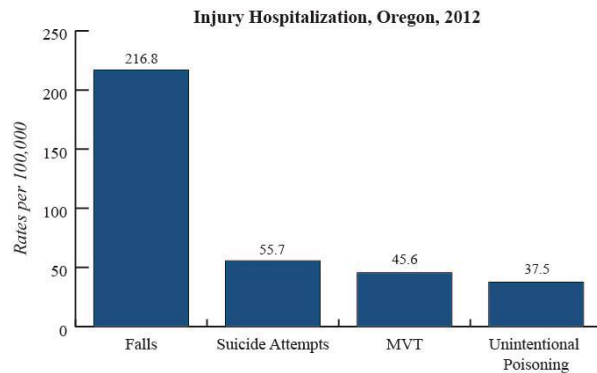


Injury in Oregon



Injury Mortality

- Injury is the 3rd leading cause of death in Oregon—but the leading cause among people 1-44 years of age.
- In 2012, 2,469 Oregonians died due to injuries – 696 by suicide, 595 by unintentional fall, 399 by unintentional poisoning, and 302 by motor vehicle traffic (MVT).
- The rate of unintentional poisoning fatalities—mainly due to drugs and medicines—has increased more in the past decade than any other injury in Oregon. More than half these deaths are associated with prescription drugs with the highest rates among those 45-54 years of age.
- There were 803 deaths associated with Traumatic Brain Injury (21 per 100,000).
- The death rate due to falls has increased two fold (92 percent) since 2000.



Injury Hospitalizations

- The leading causes of injury hospitalization are falls, suicide attempts, motor vehicle traffic, and unintentional poisoning.
- Each year, over 18,000 Oregonians are hospitalized for injuries – 8,455 by falls, 2,170 by suicide attempts, 1,907 by motor vehicle traffic, and 1,657 by unintentional poisoning.
- The rate of poisoning (mainly due to medicines and drugs) increased 91percent since 2000.
- Medical charges for hospitalization due to injury were estimated to be \$337 million in 2012.

Prevention

- Although injuries are often considered “accidents,” most injuries are preventable.
- Community-based exercise and screening in primary care with referrals for services can prevent senior falls.
- Prescriber use of prescribing guidelines, the Prescription Drug Monitoring Program, and screening for drug misuse and abuse can prevent poisoning due to overdose.
- Universal screening for depression and suicidality with referrals for assessment and means reduction can prevent suicide.

For more information contact:

Oregon Health Authority

[Injury and Violence Prevention Program](#)

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