

Heart Disease in Oregon

Since 2000, heart disease among Oregon adults has decreased slightly (from 4.7% in 2000 to 3.4% in 2014).

Approximately 126,400 adults

in Oregon have heart disease, which is the second leading cause of death in Oregon.

Heart disease costs Oregonians more than \$700 million in hospitalizations.

Certain risk factors can worsen existing heart disease and ultimately lead to heart attack and stroke.

Among Oregon adults with heart disease:

- 1 in 3 has diabetes.
- 2 in 5 are obese.
- * * * * * * * * * * * * * * 3 in 8 smoke cigarettes.
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- 4 in 5 have high cholesterol.
- 1 in 2 has high blood pressure.
- * * * * * *
- 2 in 7 are physically inactive.

HEART DISEASE affects some communities more than others.

Compared to adults with a college degree, adults with less than a high school education are:

as likely to have heart disease.

Compared to non-Latino whites, African American, American Indian and Alaska Native people are:

as likely to have a heart attack in their lifetime.

